

**-Last Update: Feb 6, 2025**



## **Prof. Alexandre HEEREN, PhD** **FNRS Senior Research Associate**

Director of the Stress and Anxiety Research Lab

Psychological Sciences Research Institute

Université catholique de Louvain, Belgium

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### **PERSONAL INFORMATION**

#### **Work Address**

Prof. Alexandre Heeren, PhD  
Psychological Sciences Research Institute  
Université Catholique de Louvain  
Place du Cardinal Mercier, 10  
Louvain-la-Neuve B-1348  
Belgium  
E-mail: [alexandre.heeren@uclouvain.be](mailto:alexandre.heeren@uclouvain.be)

**Place of birth:** Woluwé-Saint-Lambert (Belgium)

**Date of birth:** March 6, 1984

**Citizenship:** Belgian/EU

**Family status:** Married and two children: Tristan (2019); Garance (2023).

**Languages:**

French (mother tongue) / English (fluent)

**Red Cross First Aid Rescuer:** EU certification

#### **Professional Social Media**

LinkedIn: <https://www.linkedin.com/in/alexandre-heeren-8518b711/>

Google Scholar profile: <http://scholar.google.be/citations?user=2tj7VgEAAAAJ>

Research Gate profile: [http://www.researchgate.net/profile/Alexandre\\_Heeren/](http://www.researchgate.net/profile/Alexandre_Heeren/)

ORCID: <http://orcid.org/0000-0003-0553-6149>

OSF: <https://osf.io/4c7ex/>

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### **OFFICIAL EMPLOYMENT STATUS**

<b>Oct 2025 –</b>	<b>FRS-FNRS Senior Research Associate (“Maître de Recherche FRS-FNRS”)</b> (full time paid tenured research fellowship)
<b>Nov 2017 – Oct 2026</b>	<b>Research Professor</b> at the Psychological Sciences Research Institute (IPSY) & Institute of Neuroscience (IONS), UCLouvain, Belgium
<b>Nov 2017 – Oct 2026</b>	<b>FRS-FNRS Research Associate (“Chercheur qualifié FRS-FNRS”)</b> (full time paid tenured research fellowship)

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### **CURRENT PROFESSIONAL POSITIONS & AFFILIATIONS**

- **Stress and Anxiety Research Lab** (*Lab Director*) <https://www.starlab-heeren.com>
- **Psychological Sciences Research Institute** (IPSY), UCLouvain, Belgium (*Tenured Principal Investigator*)
- **F.R.S.-FNRS, Senior Research Fellow** (Belgian Fund for Scientific Research (i.e., French-speaking Science Foundation of Belgium)) (*Tenured Research Fellow*) <https://www.frs-fnrs.be/en/>
- **Department of Psychology, UCLouvain, Belgium** (Research Professor)
- **Louvain4Sufficiency (UCLouvain) — Research & Societal Platform on Energy Sufficiency**, (*Role: Member & Faculty/Expert representative for Behavioral Sciences in sufficiency-related strategy work*) [since Jan 2026]
- **Groupe de Recherche Interdisciplinaire sur la Crise Écologique** (Interdisciplinary Research Group on the Ecological Crisis) UCLouvain, (Steering Committee) <https://sites.uclouvain.be/grice/>

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### **CLINICAL PSYCHOLOGIST AUTHORIZATIONS**

- **Clinical Psychologist Licence** issued by the Belgian Federal Public Service « Public Health » (**VISA de Psychologue Clinicien** délivré par le SPF « Santé Publique », Belgique) – [VISA #460629](#).

- **Clinical Psychologist Accreditation** issued by the Health Care Providers Accreditation Service of the Wallonia-Brussels Federation of Belgium (**Psychologue Clinicien Agréé** par le Service des agréments des prestataires de soins de santé de la Fédération Wallonie-Bruxelles -Ref #840306-189-58)

## EDUCATION & ACADEMIC ACHIEVEMENTS

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Oct 2015 – Nov 2017	<b>Postdoctoral Research Fellow</b> , McNally Lab, Department of Psychology, Harvard University, MA, USA (supervisor: Prof. Richard J. McNally)
Dec 2013 – Sept 2015	<b>Postdoctoral Research Fellow</b> , Laboratory for Experimental Psychopathology, UCLouvain, Belgium (supervisor: Prof. Pierre Philippot)
Dec 2013 – Aug 2014	<b>Certificat d'université en interventions psychologiques basées sur la pleine conscience (orientation « Adultes »)</b> – [Postgraduate Certification in Mindfulness-based psychological interventions], UCLouvain, Belgium.
Aug 2013 – Dec 2013	<b>Postdoctoral Visiting Scholar</b> , McNally Lab – Harvard University, MA, USA (supervisor: Prof. Richard J. McNally)
Oct 2012 – July 2013	<b>Postdoctoral Research Fellow</b> , Psychopathology and Affective Neuroscience Lab – Ghent University, Belgium (supervisor: Prof. Rudi de Raedt)
2008 – 2012	<b>PhD in Psychological Sciences</b> , UCLouvain, Belgium (supervisor Prof. Pierre Philippot). (PhD defense: March 2, 2012) ( <i>no grades attributed to PhD in Belgium</i> )
2010 – 2011	<b>Master's degree (equivalent to Msc) in Evidence-based Psychotherapy</b> , Department of Psychology, UCLouvain, Belgium and Geneva University, Switzerland. Mention: summa cum laude ( <i>i.e.</i> , avec La Plus Grande Distinction) (Ranked first of my promotion)
2007 – 2010	<b>Postgraduate Certification in Psychotherapy (i.e. CBT)</b> , UCLouvain and Université de Liège, Belgium ( <i>no grades attributed to certification</i> )
2007 – 2008	<b>Research &amp; Teaching Assistant</b> , Emotion, Cognition, & Health Research Unit, Department of Psychology, UCLouvain, Belgium.
2002 – 2007	<b>Master's degree (equivalent to BA+MSc) in Psychological Sciences</b> , Faculty of Psychology and Educational Sciences, UCLouvain, Belgium. Mention: summa cum laude ( <i>i.e.</i> , avec la plus grande distinction) (Ranked first of my promotion)

## AWARDS, FELLOWSHIPS, & HONORS

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2026	<b>Sigma Xi (ΣΞ), The Scientific Research Honor Society — Elected (Full) Member</b> , (Membership based on nomination and recognition of original research contributions.)
2023	<b>Among top 2% scientists based on impact (fields: "Clinical Psychology"), 2023 Data-update</b> ( <a href="https://elsevier.digitalcommonsdata.com/datasets/btchxktzyw/6">https://elsevier.digitalcommonsdata.com/datasets/btchxktzyw/6</a> )
2020	<b>Among top 5% scientists based on impact (fields: "Clinical Psychology" &amp; "Psychiatry"), PLOS Biology (2020)</b> ( <a href="https://doi.org/10.1371/journal.pbio.3000918">https://doi.org/10.1371/journal.pbio.3000918</a> )
2020	<b>STAR Early Career Award</b> from the Stress, Trauma, Anxiety, & Resilience society ( <a href="https://star-society.org/star-awards/">https://star-society.org/star-awards/</a> )
2018	<b>Publons Top Peer Reviewer Award 2018</b> — Category: Top Reviewer for Psychiatry/Psychology
2017	<b>Awardee tenured FRS-FNRS Research associate ("Chercheur qualifié FRS-FNRS")</b> — A highly competitive research-based tenured fellowship at the Belgian National Science Foundation (equivalent to US Research Professor).

2016	<b>Helaers Foundation for Medical Research — Postdoctoral Research Fellowship</b> (fellowship covering my postdoctoral training at Harvard University, MA, USA)
2015 - 2017	<b>WBI World Excellence Postdoctoral Fellowship</b> (two-year postdoctoral fellowship at Harvard University, MA, USA) — Supported by BioWin: The Competitive Cluster in Health and Life Sciences of Wallonia (Plan Marshall 2.vert)
2013	<b>Belgian Foundation for Vocation – “Vocatio”</b> (Award for scientific vocation)
2013	<b>WBI World Excellence Fellowship</b> (fellowship for a 4-month research stay at Harvard University, MA, USA)
2012 - 2015	<b>FNRS Postdoctoral Research Fellowship</b> , Belgian National Fund for Scientific Research (three-year postdoctoral fellowship) [i.e., a highly competitive postdoctoral fellowship]
2012	<b>AEMTC 2012, Best Poster Award from the French-speaking Belgian Association for CBT.</b>
2011	<b>AEMTC 2011, Best Poster Award from the French-speaking Belgian Association for CBT.</b>
2010	<b>Highest Honors (<i>Summa Cum Laude and ranked first of my promotion</i>)</b> , Complementary Master in evidenced-based psychotherapy, Conjointly from Université catholique de Louvain, Belgium & University of Geneva, Switzerland
2010	<b>AEMTC 2010, Best Poster Award from the French-speaking Belgian Association for CBT.</b>
2008 - 2012	<b>FNRS Doctoral Research Fellowship</b> , Belgian National Fund for Scientific Research (four-year doctoral fellowship) [a highly competitive doctoral fellowship]
2007	<b>Highest Honors (<i>Summa Cum Laude and ranked first of my promotion</i>)</b> , Master’s degree in Psychological Sciences, Université catholique de Louvain, Belgium

## RESEARCH GRANTS

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Since my appointment in Fall 2017, I have successfully acquired grants (as PI and co-PI) totaling up to €6,386,636 from various national and international funding agencies to support my staff, operating costs, and equipment.

2026 – 2028	<b>“Special Research Funds” — FSR Research Grant from the Université catholique de Louvain “(94 500 euros)</b> Project: On the Role of Episodic Future Thinking in Differentiating Adaptive and Maladaptive Climate Anxiety (Role: PI)
2025 – 2026	<b>FSR Incentives Research Grant from the UCLouvain “(50 000 euros)</b> (Role: PI). Project: Developing clinical guidelines for helping young adults with debilitating climate anxiety.
2025 – 2028	<b>Établissement Français du Sang (50%) &amp; Région de Normandie, France;</b> Project: PreVagDon: Preventing vasovagal reactions to blood donations – The role of anxiety, fear and perceived lack of agency during blood transfusion <b>(120 000 euros)</b> (Role: Co-PI; PI: Prof. Cécile Sénémaud, Université de Caen, Normandie)
2024 – 2027	<b>F.R.S.-FNRS “Research Postdoctoral Grant”;</b> Project: “Inertia4Emotion: Addressing key barriers in emotional inertia research: Operationalization, aggregation across distinct emotions, the impact of changes in context, and perception” (~ <b>250 000 euros</b> ) (Role: Supervisor: postdoc grantee: Dr. M. A. Blanchard)
2023 – 2025	<b>F.R.S.-FNRS “Research Credit” Grant;</b> Project: “Attention2Threat4Adaptation: A neurocognitive approach to climate anxiety”. <b>(40 000 euros)</b> (Role: PI)

- 2022 – 2026** **Swiss National Science Foundation (SNSF) “Doc.CH” Research Grant for a Phd studentship: Fournier [Project number: P000PS\_211887]: *Improving the assessment of impulsivity: a novel psychometric approach.*** Co-promotion between Université de Lausanne (Prof. Billieux, role: Promotor) & UCLouvain (Prof. Heeren, Role: Co-promotor); Doctoral fellow: Loïs Fournier (293 963 euros)
- 2022 – 2026** **Excellence of Science (FNRS/FWO) -- Research Project: Biobehavioral dynamics of triadic stress resilience transmission in families » (3 702 519 euros)** (Role: PI with Rudi de Raedt (UGent), Frank Kooy (UAntwerpen), Guy Bosmans (KULeuven), Rudi D’hooge (KULeuven), Eva Culemans (KULeuven), Sarah Galdiolo (UMons), Mandy Rossignol (UMons).
- 2021** **Gabon National Research Agency** (small grant to welcome a doctoral research) (~50 000 euros) (grantee: Camille Mougouama Daouda; Promotor: Alexandre Heeren)
- 2021** **Belgian University Foundation** (small grant for open access research) (500 euros) (grantee: Alexandre Heeren)
- 2021 – 2023** **“Special Research Funds MOVE-IN postdoc” — FSR Research Grant from the Université catholique de Louvain “(90 937 euros)** (Role: PI; postdoc: Dr. Alba Contreras)
- 2021 - 2022** **Wallonia-Brussels-International -- Excellence Research Program – POSTDOC IN (25 440 euros)** (Role: PI; postdoc: Dr. Alba Contreras)
- 2020 – 2024** **Research Grant for a PhD studentship from the FRS-FNRS—Topic: An empirical test of the assumption of the network theory of psychopathology through the lens of parental burnout: A combination of intensive longitudinal designs and experimental research (136 770 euros)** (Role: PI; PhD student: M.A. Blanchard).
- 2020** **F.R.S.-FNRS “Research Credit” Grant;** Project: “Unfolding the complex dynamic interplay between top-down executive control and rumination: A network approach”. (15 000 euros) (Role: PI)
- 2019 – 2024** **Action de Recherche Concertée, Communauté Française de Belgique [Coordinated Research Grant from the French Community of Belgium]:** Parental burnout and its consequences for children : Towards an integrated and multilevel approach (680 000 euros) [Role: PI, with Profs I. Roskam, A. François, I. Aujoulat, & M. Mikolajczak).
- 2019** **UCLouvain’s International Initiative Fund [Fonds d’Appui à l’Internationalisation (FAI)]:** Large international study (involving more than 45 countries) and scientific networking activities (15 000 euros) (Role: Co-PI, with Profs I. Roskam, A. François, I. Aujoulat, & M. Mikolajczak).
- 2018** **FRS-FNRS Large Equipment Grant:** High gradients and advanced research tools for an MRI research platform (500 000 euros) (Role: Co-PI)
- 2018 – 2022** **“Special Research Funds” — FSR Research Grant from the Université catholique de Louvain “(Total: 157 000 euros -- 80 000 euros for 2018-2020 & 77 000 for 2020-2022)** Project:” Application of tools from graph theory and neuromodulation to clarify the interplay between top-down attention control and key features of rumination (Role: PI)
- 2017 – 2021** **F.R.S.-FNRS Seed Funds (20 000 euros)** (Role: PI)
- 2017 – 2020** **“UCLouvain Seed Funds” (10 000 euros)** (Role: PI)
- 2017 – 2021** **Research Grant from « L’Hôpital Psychiatrique du Beau Vallon asbl » (179 507 euros)** (Role: PI; PhD student: C. Coussement) —Topic: The role of executive and attention control in the co-occurrence between mood and anxiety disorders.

Note that most of my research activities conducted before my current position at UCLouvain (Nov 2017) were funded through postdoctoral and doctoral fellowships, but not directly by research grants (fellowships are listed above).

## NON-RESEARCH GRANTS

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- 2024 **F.R.S.-FNRS “Support Grant for the organization of the Interdisciplinary Conference on Teaching, Informing & Transforming in the Anthropocene”, UCLouvain in April 2024 (3 000 euros) (Role: Co-applicant)**
- 2023 **F.R.S.-FNRS “Grant for the organization of the 18<sup>th</sup> Edition of the Annual Convention of the GREPACO (Groupe de Réflexion en Psychopathologie Cognitive) at UCLouvain in May 2023 (3 487 euros) (Role: Main applicant of the grant)**
- 2023 **PSYCEDUC grant support for the organization of the 18<sup>th</sup> Edition of the Annual Convention of the GREPACO (Groupe de Réflexion en Psychopathologie Cognitive) at UCLouvain in May 2023 (600 euros) (Role: Main applicant)**
- 2023 **PSYCEDUC grant support for the organization of a scientific day (for early-stage researchers) at UCLouvain in May 2023 entitled “What does it mean to be a researcher in 21<sup>st</sup> century academia? “(900 euros) [Role: Main applicant of the grant)**

## TEACHING ACTIVITIES

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### - At UCLouvain:

- 2025 **Psychology, environment, and climate change [LPEC2000].** (15h/y; level: MASTER1/2 – about 50 students per class): course available to students in the Master program “Psychological Sciences (Interuniversity course: UCLouvain; UGent; ULB; KULeuven) [course taught in English]
- 2024 - **Certificat d’université en Transition Écologique, Approche systémique et enjeux culturels, philosophiques et psychologiques (ECOL2F) (15 crédits).**  
<https://uclouvain.be/prog-2024-ecol2fc>
- Rôle : comité de pilotage du programme de formation & Enseignement — Coordination et enseignement des modules liés aux aspects psychologiques (i.e., Emotions, Cognitions et Comportements » de la transition
  - (Steering Committee, Coordination and Teaching) [program taught in French]
- 2024 - **Introduction to systemic thinking and network science [LPSYS2168]** (15h/y; level: MASTER2 – about 15-30 students per class): course available to students in “Research Track program in Psychological Sciences; in the Research Track program in Educational Sciences, and in the “Master 2 program in Statistics” [course taught in English]
- 2018 – 2024 **Introduction to graph theory and statistical network analysis for psychologists [LPSYS2168]** (15h/y; level: MASTER2 – about 15 students per class): course available to students in “Research Track program in Psychological Sciences; in the Research Track program in Educational Sciences, “Master 2 program in Statistics”. [course taught in English]
- 2018 –2021 **General psychopathology – Section dedicated to stress- and anxiety-related psychopathology** (15h/y; level: BAC2 – about 400 students per class) [Sections dedicated to the history of mental health and sections dedicated to the Stress and Anxiety-related psychopathology), course available to students in the Bachelor program of Psychological Sciences and to Master students in Public Health. [course taught in French]

**2015 – 2017**                      **Advanced statistical methods: Meta-analytic tools applied to clinical, social, and behavioral sciences** (15h/y; level: MASTER2 - about 20 students per class). [course taught in English]

**2014 – 2015**                      **Statistical tools for uncommon dataset in clinical, social, developmental, and cognitive psychology** (60h/y; level: MASTER2 - about 20 students per class). [course taught in English]

**- Teaching positions in other universities:**

**2019 -**                                **Introduction to graph theory and statistical network analysis for behavioral scientists** (Invited Professor; 15h/y - about 20 students per class), Doctoral School for Humanities and Social Sciences, University of Luxembourg, Luxembourg. [course taught in English]

**2019 – 2021**                      **Advanced topics in Clinical Psychological Sciences** (Invited Professor) (8h/year; about 20 students per class) - Master 2 in Psychological Sciences (track: Psychopathology and psychogerontology), Université de Poitiers, France [course taught in French]

**2012 – 2018**                      **Advanced topics in Experimental Psychopathology** (Invited Professor) (8h/year; about 20 students per class) - Master 2 Master 2 in Psychological Sciences (track: Research), Université de Poitiers, France [course taught in French]

**-As guest lecturer in other teaching programs:**

**2025 -**                                **“Santé mentale et crise écologique »** as a part of the course **Anthropocène, transitions et résiliences** [LDVLP 2315; coord :Emmanuelle Piccoli], **(2h)**: course available to students in “Master en sciences de la population et du développement », « Master en Sociologie » as well as in « Master en Anthropologie ». [course taught in French]

**2023 -**                                **“Santé mentale, éco-anxiété & changement climatique»** as a part of the course **Seminars in Environmental Sciences** [LENV12002 ; coord : Anne-Laure Jacquemart, Jean-Pierre Raskin ; Valérie Swaen], **(2h)**: course available to students in “Master de Spécialisation Interdisciplinaire en sciences et gestion de l’environnement et du développement durable”; Master en sciences de la population et du développement” , “Master en Sciences de Gestion et de l’Environnement”. [course taught in French]

**2023 -**                                **“Mental health and climate change »** as a part of the course **Journalisme et Enjeux Environnementaux** (LCOMU2126 ; coord : Grégoire Lits & Arnaud Ruysen) **(2h)** course available to students in the master program in journalism. [course taught in French]

**SUPERVISION EXPERIENCE**

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**Ongoing PhDs as supervisor (5)**

- Nathalie CASTAIGNE (2026- ), Role: Supervisor
- Yoann DURAND (Role: Co-supervisor with Cécile Sénémeaud; Université of Caen Normandy; 2024-2028)
- Doris LACASSAGNE (Prof. A. Heeren as promotor & Prof. E Ceulemans (KULeuven) as co-supervisor; 2022-2026)
- Loïs FOURNIER (Role: Co-supervisor along with Prof. J.Billieux; University of Lausanne; 2022-2026)
- Camille MOUGUIAMA-DAOUDA (2021-2025), Role: Supervisor.

**Completed PhDs as supervisor (3)**

HOEBEKE, Yorgo (April 2024). A Fugue on Rumination: On the Dynamic nature of rumination’s key features and their complex interplay with executive control. – Awarded best research thesis in psychological sciences from the triennial competition of the Royal Academy of Belgium

BLANCHARD, M. Annelise (March 2024). The temporal dynamics of parental burnout: Extending the network approach to the family system.

COUSSEMENT, Charlotte (Jan 2022). Like a bridge over troubled water... On the involvement of attentional and executive processes in the comorbidity between depression and anxiety disorders.

#### **Post-Doc supervision (4)**

- Dr. Zoé Bollen (2025 – ongoing ; Belgium)
- Dr. M. Annelise Blanchard (2024 – 2027; USA/Belgium)
- Dr. Clara Della Libera (2022-2023, Liège, Belgium)
- Dr. Alba Contreras (2021-2022, Madrid, Spain)

#### **Miscellaneous (1)**

- Academic Sponsor / Promotor (along with Prof. C. Douilliez) of Doctor Honoris Causa: Prof. Richard J. McNally

#### **Member of doctoral guidance committee (advisory board)**

##### **-Ongoing (8)**

Garance Piret (UCLouvain); Kelly Glarner (University of Geneva); Simon Van Harverbeke (UCLouvain); Laura Mertens (UGent) ; Zoé Davreux (UCLouvain) ; Emmanuelle Schoonjans (UGent/UZGent) ; Meng Liang (UGent) ; Taha Hannachi (Université de Rennes) ; Amélie van Caekenbergh (UCLouvain);

##### **-Completed (12)**

Amélie Van Thorre (UCLouvain); Zoé Salliez (UCLouvain); Arthur Pabst (UCLouvain); Gao-Xian Lin (UCLouvain); Zoé Bollen (UCLouvain); Audrey Krings (ULiège); Sullivan Fontesse (UCLouvain); Séverine Lannoy (UCLouvain); Jory Deleuze (UCLouvain); Marie Bayot (UCLouvain); Joanna Myriam Moussally (University of Geneva)

#### **Member of dissertation committee (doctoral jury board members)**

##### **1. Completed « Thèses d’Habilitation à Diriger des Recherches » (HDR ; Accreditation to Lead Research) (4)**

**2025:** Dr. Paquito Bernard, Institut de recherche en santé, environnement et travail (IRSET), INSERM, Rennes, France

**2024:** Dr. Clémence Roger, Université de Lille, Lille, France

**2023:** Dr. Tobias R. Spiller, Université of Zurich, Zurich, Switzerland,

**2021:** Dr Sarah Le Vigouroux, Université de Nîmes, Nîmes, France

##### **2. Completed PhD defenses (18)**

2025 Barbara Sirven (Promotors : Prof. Sarah Levigouroux & Louise Baussard, Université de Nîmes, Nîmes, France)

2024 Zoé Lackner (Promotors: Prof. Arnaud Carré (Université Savoie Mont Blanc; France) & Prof. Aurélien Graton (Université Paris Cité ; France )

2024 Maxime Windal (Promotors: Prof. Olivier Mairesse (Vrij Universiteit Brussels) & Prof. Charles Kornreich(Université Libre de Bruxelles ; Belgium )

2024 Arthur Pabst (Promotor: Prof. Pierre Maurage ; UCLouvain, Belgium)

2023 Gao-Xian Lin (Promotors: Prof. Isabelle Roskam & Prof. Moïra Mikolajczak ; UCLouvain ; Belgium)

2023 Zoé Bollen (Promotor: Prof. Pierre Maurage ; UCLouvain ; Belgium)

2021 Clara Della Libera (Promotors: Prof. Frank Laroi (University of Bergen, Oslo, Norway) & Prof. Etienne Quertemont (Université de Liège, Liège Belgium), Université de Liège, Liège, Belgium)

- 2021 Audrey Krings (Promotors: Prof. Sylvie Blairy ; Université de Liège, Belgium)
- 2021 Maria Elena Brianda (Promotors: Prof. Moïra Mikolajczak and Prof. Isabelle Roskam, Université catholique de Louvain, Louvain-la-Neuve, Belgium).
- 2021 Isabelle Leboeuf (Promotors: Prof. Pascal Antoine, Laboratoire de Sciences Cognitives et Affectives, Université de Lille, France)
- 2020 Sullivan Fontesse (Promotor: Prof. Pierre Maurage ; UCLouvain, Belgium)
- 2020 Malavika Godara (Promotors: Prof. Rudi De Raedt and Prof. Alvaro Sanchez Lopez, Department of Experimental Clinical and Health Psychology, Ghent University, Belgium)
- 2020 Josefien Dedoncker (Promotors: Prof. Chris Baeken and Prof. Marie-Anne Vanderhasselt, Department of Head and Skin – Psychiatry and Medical Psychology, Ghent University, Belgium)
- 2019 Erika Wauthia (Promotors: Prof. Mandy Rossignol, Department of Psychology, UMon, Belgium)
- 2018 Jory Deleuze (Promotors: Prof. Joël Billieux, University of Lausanne, Switzerland & Prof. Pierre Maurage, UCLouvain, Belgium)
- 2017 Séverine Lannoy (Promotor: Prof. Pierre Maurage; UCLouvain, Belgium)
- 2017 Marie Bayot (Promotor: Prof. Moïra Mikolajczak; UCLouvain ; Belgium)
- 2016 Joanna Myriam Bec-Moussally (Promotor: Prof. Martial Van der Linden, University of Geneva; Switzerland)
- 2015 Emilie Schmits (Promotors: Prof. Etienne Quertemont and Prof. Michel Born, Department of Psychology, Université de Liège, Belgium)

#### **Master Students Research Internship Supervision**

Since 2018: yearly supervision of 2 to 4 local and international research interns

#### **Master Theses under my supervision**

Since 2018: yearly supervision of 6-7 master theses

#### **Awards received by people working under my supervision:**

My supervision skills have been witnessed by awards received by people working under my supervision:

- Emmanuelle Schoonjans (Master student) received the " GREPACO Best Paper Presentation Award » (2021)

- Marie Annelise Blanchard (PhD student) received the "Student Development Award from the Stress, Trauma, Anxiety, and Resilience research society» (2020), which yearly recognizes the best international publication first-authored by a doctoral student in the study of stress, trauma, anxiety, and resilience.

- Charlotte Coussement (PhD student) received the GREPACO Best Paper Presentation Award (2015).

#### **CLINICAL ACTIVITIES**

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| <b>2008 – 2013</b> | <b>Mindfulness-Based Cognitive Therapy's instructor for patients with mood, anxiety, stress, or chronic pain disorders (group-size: 10 to 15 patients) (2 groups/year) –Department of Psychology, UCLouvain, Belgium.</b>  |
| <b>2007 – 2012</b> | <b>Psychotherapist for (adolescents, adult and elderly) patients with anxiety and mood disorders (8h/week) – Services de Consultations Psychologiques Spécialisées en trouble émotionnels, UCLouvain, Belgium [University Consulting Center for Emotional Disorders]</b> |
| <b>2007</b>        | <b>Clinical Psychologist (aid) for people with motor and intellectual disability (2 months, full-time), Le Renivaux Residence, Ottignies, Belgium.</b>   |

- 2006 **Clinical psychologist (intern) for patients with psychotic disorders** (4 days/week over a 6 month-period) – Psychiatry Unit, Brugmann University Hospital, Brussels, Belgium.
- 2006 **Neuropsychologist (intern) in neuropsychological legal assessment (*Expertise légale en neuropsychologie*)** (1 day/week over a 6-month period) – Services d'expertise médico-légale (Legal Expertise Unit), Brugmann University Hospital, Brussels, Belgium.

## SERVICES TO THE UNIVERSITY AND THE COMMUNITY

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### 1. Intra and Extramural Academic Responsibility

- **Faculty Academic Lead for Behavioral Sciences and Psychology in Sustainability and Transition, UCLouvain.** *Role: coordinating and representing the behavioral sciences/psychology perspective within the university's sustainable development and transition initiatives (since sept 2025)*
- **Member of the UCLouvain “Interdisciplinary Research Initiative on the Ecological Crisis”** (Groupe de Recherche Interdisciplinaire sur la Crise Ecologique” Member of the steering committee <https://sites.uclouvain.be/grice/> (Since Sept 2023)
- **Academic Sponsor of Prof. Richard J. McNally’s selection for Doctor Honoris Causa & Member of the organizing committee for the UCLouvain 2025 Doctor Honoris Causa ceremony, April 2025,** Department of Psychological Sciences, UCLouvain
- **Member of the steering committee for developing the agenda of a new 4 ECTS course** titled "Psychology of Sustainable Development and Transition" in the Bachelor's program of Psychological Sciences at UCLouvain (in collaboration with D. Brevers, (Sept 2024 – June 2025)
- **Member of the host organizing committee of the Pope François venue at UCLouvain.** UCLouvain, September 2024, Louvain-la-Neuve, Belgium (Role: academic member of the working group on “Emotion and Ecological Engagement” -- Co-author/Signatory of the letter sent and read to the Pope François during the related ceremony) (May – Sept 2024)
- **Faculty and scientific representative on the advisory committee responsible for developing specifications and requirements for a new 4 ECTS course** titled "Psychology of Sustainable Development and Transition" in the Bachelor's program of Psychological Sciences at UCLouvain (in collaboration with D. Brevers, A. Casini, B. Galand, J. Lecoq, M. Mikolajczak, & A. Szmalec) (Sept 2023- Sept 2024)
- **Executive founding member and steering committee member of the new academic program:** « Certificat d’université en Transition Écologique, Approche systémique et enjeux culturels, philosophiques et psychologiques (ECOL2F) » (funded via a European Social Fund) (<https://uclouvain.be/prog-2024-ecol2fc>) (Since September 2023)
- **Scientific Advisory Board of “Revue Francophone de Clinique Comportementale et Cognitive”** (French European journal dedicated to the continued education of CBT-based psychotherapists). (since September 2023)
- **Member of the Expert Reference Group on Psychology and Climate Change;** European Federation of Psychologists’ Associations (Sept 2021 – Sept 2022)
- **STAR National Representative,** Belgian national representative of the Stress, Trauma, Anxiety, and Resilience research Society (since Sept 2020)
- **Member at the Executive Bureau of the Psychological Sciences Research Institute** — Role: Board Member and Representative of the research in clinical and health psychology (Oct 2018 – Sept 2021)
- **Member of the International Relations Board Committee of the Psychological Sciences Research Institute** (Sept 2018 – Jan 2020)
- **Harvard-MIT Belgian Society (Cambridge, MA, USA),** Board Member of the non-profit organization (May 2016 – Oct 2017) - Sponsors: *McKinsey & Company Consulting Group; Duvel USA; Honorary Consulate of Belgium in New England*

- **Brand-Ambassador at “Wallonia.be”** for research and innovation in Belgian Wallonia (since September 2015)
- 2. Ad hoc expert or board member for the following international, governmental, and institutional funding bodies:**
- Health Services and Population Health Research, Chief Scientist Office Project Grant, Scottish Government (referee: 2013)
  - Young Investigator Grant, National Institute for Psychobiology in Israel (referee: 2014)
  - Australian Research Council (referee: 2014)
  - United States-Israel Binational Science Foundation (referee: 2015; 2016)
  - Israel Science Foundation (referee: 2016; 2018)
  - Netherlands Organization for Scientific Research (NWO) — TOP Grants (referee: 2017)
  - FWO — Belgian Flanders Research Foundation (referee: 2017)
  - Initiatives de Recherche Stratégique de l’IDEX (Initiatives d’excellence), Université Grenoble Alpes, France (referee: 2018)
  - Internal Junior Fellowships, Freiburg Institute for Advanced Studies, University of Freiburg, Germany (referee: 2019).
  - Selection committee for the recruitment of a teaching and research assistant in clinical and health psychology, Department of Psychology and Educational Sciences, UCLouvain, Belgium (President of the Commission: 2020).
  - Social Sciences and Humanities Research Council of Canada (Commission 10B: Psychology), Insight Grants (Grants reviewers: 2021)
  - Coordination and Evaluation Subdivision of the State Research Agency (AEI), Research-Innovation Projects: Department of Research and Innovation of the Spanish Government, Spain (External Expert: 2020)
  - Department of Community Mental Health, University of Haifa (Israel), Appointments & Promotions Committee (External advisor: Summer 2021)
  - Department of Psychology, McGill University, external evaluator for academic staff’s appointments (Fall 2021)
  - Stress, Trauma, Anxiety, and Resilience research Society, Early Career Award’s Selection Committee (2022).
  - Swiss National Science Foundation, Social Sciences (Research Project, 2022).
- 3. Appointments as expert in the organization of international colloquium and meetings**
- **Host organizing committee of the Pope François venue at UCLouvain.** UCLouvain, September 2024, Louvain-la-Neuve, Belgium (Role : academic representative member of the working group on “Emotion and Societal Engagement”; Co-author/Signatory of the letter sent and read to the Pope François:
  - **Organizing committee of the colloquium: “Former-Informer-Transformer en Anthropocène (Teaching, Informing & Transforming in the Anthropocene)”**, UCLouvain, Avril 15-16 2024, Louvain-la-Neuve, Belgium.
  - **Host organizing committee – 23<sup>rd</sup> edition of the GREPACO conference.** UCLouvain, May 22-23 2023, Louvain-la-Neuve, Belgium.
  - **Program Committee – 2<sup>nd</sup> International Conference on Parental Burnout** (i.e., local organizer committee, selection of talks). UCLouvain, May 6-7 2021, Louvain-la-Neuve, Belgium
  - **Program Chair -- Reviewer for the 2020 Annual Convention of the Association for Behavioral and Cognitive Therapies** (i.e., selection of symposia, posters, panel discussions, clinical roundtables): **ABCT 2020**, Philadelphia, PA, USA
  - **Program Committee – 1<sup>st</sup> International Conference on Parental Burnout** (i.e., local organizer committee, selection of symposia, posters). UCLouvain, December 6<sup>th</sup> and 7<sup>th</sup>, 2019, Louvain-la-Neuve, Belgium.
  - **Program Chair -- Reviewer for the 2019 Annual Convention of the Association for Behavioral and Cognitive Therapies** (i.e., selection of symposia, posters, panel discussions, clinical roundtables): **ABCT 2019**, Atlanta, GA, USA
  - **Program Chair -- Reviewer for the 2018 Annual Convention of the Association for Behavioral and Cognitive Therapies** (i.e., selection of symposia, posters, panel discussions, clinical roundtables): **ABCT 2018**, Washington DC, USA
  - **Program Chair -- Reviewer for the 2017 Annual Convention of the Association for Behavioral and Cognitive Therapies** (i.e., selection of symposia, posters, panel discussions, clinical roundtables): **ABCT 2017**, San Diego, CA, USA
  - **Program Chair -- Reviewer for the 2016 Annual Convention of the Association for Behavioral and Cognitive Therapies** (i.e., selection of symposia, posters, panel discussions, clinical roundtables): **ABCT 2016**, New York, NYC, USA.

- **Board Committee Member**, “Journée Scientifique du Groupe de Réflexion en Psychopathologie Cognitive”, 2011, Iltre, Belgium (2-day expert meeting)
- **Local leading organizer** of the “Attentional Processes and Psychopathology” expert meeting (one-day expert meeting), Université catholique de Louvain, 2011, Louvain-la-Neuve, Belgium

#### 4. Editorial activities

##### - Associate Editor:

- *Journal of Anxiety Disorders* (Jan 2021 - current)
- *BMC Psychiatry —Stress and Anxiety section* (Jan 2015 – Jan 2021)
- *Frontiers in Psychology — section “Psychopathology”* (Jan 2016 - Dec 2020)

##### - Editorial Board Membership:

- *Behaviour Research and Therapy* (Associate Editorial Board: since Jan 2016)
- *Revue Francophone de Clinique Comportementale* (Since Sept 2023)

##### - Ad Hoc Referee for the following international peer-review journals:

Ad hoc reviewer for more than 70 distinct journals — full list (i.e., more than 200 reviews since 2016) available on my **Publons**’ profile [www.publons.com/a/1235820/](http://www.publons.com/a/1235820/).

#### 5. Outreach

- **Talk at TEDxUCLouvain** 2018 [<https://youtu.be/R9OtUn4hYpE>]
- **More than 6 clinical workshops (as main instructor)** for practitioners (see below)
- **8 outreach conferences for a general audience** — i.e., dissemination of evidence-based practice in the general community
- My work has been regularly profiled (via radio and TV interviews as well as frequent interviews for newspapers and magazines) in **international media coverage (e.g., New York Times, BBC News; EuroNews; Le Monde)** and **national media coverage** (e.g., RTBF, RTL-TVI, LN24; Le Soir, L’Echo).

*N.B.: My recent research activities have been recently acknowledged through my participation in a series of “Les visages de la Recherche” broadcasted by UCLouvain. Please see: <https://youtu.be/SCFfxOZW7nc>*

### ACTIVE NETWORKING & AFFILIATIONS TO SCIENTIFIC SOCIETIES

#### - Active Role in Scientific Networking:

**2024 – 2028 : COST Action CA23113 - Climate change impacts on mental health in Europe** (CliMent) – Member

**2023-** **Groupe de Recherche Interdisciplinaire sur la Crise Ecologique, UCLouvain (ULouvain Interdisciplinair Research Group on the Ecological Crisis)** -- <https://sites.uclouvain.be/grice/> Role: *Steering committee*

**2021 -** **International investigation of Parental Burnout**; Role: *Consortium member*

**2021 – 2022: Expert Reference Group « Psychology and Climate Change »** for the European Federation of Psychologists’ Associations; Role: *Expert and Belgian national representative*

**2020 -** **ENIGMA-Anxiety working group**; Role: *group member of the Social Anxiety Disorder subgroup.*

**2020 -** **Stress, Trauma, Anxiety, & Resilience research society** (since Oct 2020); Role: *Belgian national representative of the research society*

**2015 -** **“Wallonia.be” - research and innovation in Belgian Wallonia**; Role: *Brand-Ambassador*

#### - Member of scientific societies:

**2018 -** *Stress, Trauma, Anxiety, & Resilience research society*

**2014 -** *Association for Psychological Science*

- 2013 - Association for Behavioral and Cognitive Therapies  
 2010 - Belgian Association for Psychological Science  
 2010 - GREPACO (Groupe de Recherche en Psychopathologie Cognitive)

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\* M. A. Blanchard received the 2020 STAR Student Development Award—a PhD student paper competition for the best paper on stress and anxiety research from the Stress and Anxiety Research society, for a preprint version of this publication.

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#### **ii. Computer Software**

Fournier, L., **Heeren, A.**, Baggio, S., Clark, L., Verdejo-García, A., Perales, J. C., & Billieux, J. (2025). *shortr: Optimal Subset Identification in Undirected Weighted Network Models* (Version 1.0.0) [Computer software]. <https://doi.org/10.32614/CRAN.package.shortr>

#### **iii. Encyclopedia**

**Heeren, A.** (2015). Anxiété. In *Encyclopedia Universalis* (Psychological sections Edited by X. Seron & M. Fayol).

#### **iv. Edited Book**

**Heeren, A.** (2024). *Eco-anxiété, Changement Climatique et santé mentale*. Louvain-la-Neuve : Éditions De Boeck.

Kotsou, I. & **Heeren, A.** (2011). *Pleine Conscience & Acceptation: Les Thérapies de la Troisième Vague*. Bruxelles: Editions De Boeck.

#### **v. Book chapters**

6. Blanchard, M. A., & Heeren, A. (2022). Ongoing and future challenges of the network approach to psychopathology: From theoretical conjectures to clinical translations. In G. Asmundson (Ed). *Comprehensive Clinical Psychology—2<sup>nd</sup> edition*. Amsterdam: Elsevier.
  5. Heeren, A. (2016). Biais attentionnels et psychopathologie : De la recherche fondamentale à la recherche-développement en technologies thérapeutiques (pp. 147-166). In J.-L. Monestès & C. Baeyens (Eds.). *L'approche transdiagnostique en psychopathologie : Alternatives aux classifications nosographiques et perspectives thérapeutiques*. Paris : Editions Dunod.
  4. Ceschi, G., Heeren, A., Billieux, J., Van der Linden, M. (2015). Apprendre à négliger le mauvais côté des choses: La modification des biais cognitifs. In M. Van der Linden, G. Ceschi, & J. Billieux (Eds.). *Interventions en Psychopathologie Cognitive*. Paris: Editions De Boeck-Solal.
  3. Philippot, P. & Heeren, A. (2014). L'entraînement informatisé des biais attentionnels et évaluatifs dans les troubles des émotions. In N. Nader-Grosbois, O. Luminet, & S. Van den Broucke (Eds.). *Articulations Clinique-Recherche: Des Outils nouveaux à la disposition du clinicien*. Louvain-la-Neuve: Presse Universitaire de Louvain.
  2. Philippot, P. & Heeren, A. (2013) Mindfulness-based interventions: The dialectic of changing emotion by accepting them. In D. Hermans, B. Rime, & B. Mesquita (Eds.). *Changing Emotion*. New-York: Psychology Press. Psychology Press
  1. Heeren, A. (2011). Processus psychologiques et pleine conscience : Au cœur de la troisième vague. In Kotsou, I. & Heeren, A. (Eds.). *Pleine Conscience & Acceptation: Les Thérapies de la Troisième Vague*. Bruxelles: Editions De Boeck.
- vi. Articles published in international peer-reviewed journals that are not listed in the ISI Web of Science (the Science Citation Index, the Social Sciences Citation Index or the Arts and Humanities Citation Index) [these papers have been written for practitioners]**
8. Mougouama-Daouda, C. ; Della Libera, C., & Heeren, A. (2025). Changement climatique et santé mentale. Un tour d'horizon des enjeux et perspectives. *Revue Francophone de Clinique Comportementale et Cognitive*, 29, 1, 46-85.
  7. Coussement, C. & Heeren, A. (2020). Repenser la comorbidité psychiatrique : Une revue conceptuelle sous l'angle de la comorbidité anxio-dépressive. *Revue Francophone de Clinique Comportementale et Cognitive*, 25, 2-32.
  6. Krings, A. Blairy, S., Fontaine, P., Vandriette, Y.-M., & Heeren, A. (2017). Biais attentions et symptômes dépressifs: Quels sont leurs liens et leur association avec d'autres processus psychologiques? Résultats préliminaires. *Revue Francophone de Clinique Comportementale et Cognitive*, 22, 3, 15-21.
  5. Deleuze, J., Heeren, A., Billieux, J., de Timary, P., Philippot, P., & Maurage, P. (2013). Implication des biais d'attention sélective dans l'alcool-dépendance: Une revue conceptuelle et empirique. *Alcoologie et Addictologie*, 35, 127-135.
  4. Heeren, A., Brevers, D., Eeckhout, C., & Philippot, P. (2012). Evaluation et traitement du Syndrome de Gilles de la Tourette: Une revue empirique. *Revue Francophone de Clinique Comportementale et Cognitive*, 17, 8-18.
  3. Heeren, A., Ceschi, G., & Philippot, P. (2012). Biais attentionnels et troubles émotionnels: De l'évaluation au changement clinique. *Revue Francophone de Clinique Comportementale et Cognitive*, 17, 24-41.
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  1. Heeren, A. & Philippot, P. (2009). Les interventions basées sur la pleine conscience. *Revue Francophone de Clinique Comportementale et Cognitive*, 14, 13-23.

## **7. Book reviews**

4. **Heeren, A.** (2011). [Review of the book "*Musique & Evolution*", by I. Deliege, O., Vitouch, & O. Ladinig (Eds.)]. *Psychologos*, 26, 1, 20-21.
3. **Heeren, A.** (2009). [Review of the book "*Psychopathologie & Neurosciences: Questions Actuelles de Neurosciences Cognitives & Affectives*" by S. Campanella & E. Streel (Eds.)]. *Psychologos*, 24, 4, pp. 50.
2. **Heeren, A.** (2009). [Review of the book "*Use and Abuses of Intelligence: Studies Advancing Spearman and Raven's Quest for Non-Arbitrary Metrics*" by John Raven & Jean Raven (Eds.)]. *Psychologos*, 24, 1, pp. 34.
1. **Heeren, A.** (2008). [Review of the book "*Traité de Psychopathologie Cognitive: Tome I. Bases Théoriques*" by M. Van der Linden & G. Ceschi (Eds.)]. *Psychologos*, 23, 3, pp. 16.

## **8. Miscellaneous**

Cougnon, L.-A., Hanseeuw, B., **Heeren, A.**, & Lits, G. (2020). *Informer le public et générer une confiance envers les experts et les autorités en situation d'incertitude sur le long terme : apports croisés des théories du « public understanding of science », de « l'amplification sociale des risques » et du « traitement cognitif et de l'information »*. In Moreau, Y. et al. (ed). Societal exit from lockdown. Apport d'expertise académiques —contribution of academic expertise; In *Carta Academica*.

## ORAL COMMUNICATIONS

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### ***i. Invited keynotes, invited panel sessions, and invited talks (as main speaker only)***

50. **Heeren, A. (2025).** Santé mentale, éco-anxiété et crise climatique: De la paralysie à l'action. Invited inaugural keynote. 63ème Congrès de la Société Française de Psychologie (SFP), Nantes, France, Dec 19, 2025, France.
49. **Heeren, A. (2025).** Eco-anxiété, Santé mentale et crise changement climatique. Invited speaker at the "Semaine de la Santé mentale" du centre Hospitalier Régional Sambre et Meuse (CHRSM), Sambreville, Oct, 8, 2025, Belgium
48. **Heeren, A. (2025).** Santé mentale et crise écologique. Invited keynote at the "Centre de Recherche Sur l'Etat et la Constitution (C.R.E.C.O.)", UCLouvain Law School, March, 28, 2025, UCLouvain, Belgium.
47. **Heeren, A. (2025).** Santé mentale, éco-anxiété et crise climatique. Invited keynote at the "Green Office Alma", UCLouvain & Cliniques Universitaires Saint-Luc, March, 20, 2025, Woluwé-Saint-Lambert, Belgium.
46. **Heeren, A. (2024).** De l'éco-anxiété à l'action : Nos émotions au cœur de la transition. Invited keynote at the « Journées Emergences » (audience : More than 2500 people), Palais des Beaux-Arts, Oct 5, 2024, Brussels, Belgium.
45. **Heeren, A. (2024).** L'éco-anxiété, frein ou accélérateur de la transition. Invited conference at the "Conseil Economique, Social et Environnemental de Wallonie", June 6, 2024, Vertbois, Liège, Belgium.
44. **Heeren, A. (2024).** L'éco-anxiété, un levier d'action ? Invited talk at the lecture series "EPL Transition", Ecole Polytechnique de Louvain, Louvain-la-Neuve, May 7, 2024, Belgium.
43. **Heeren, A. (2024).** Santé mentale, changement climatique et la question de l'éco-anxiété. Invited talk at the lecture series "Journalisme et Enjeux Environnementaux (chair: Grégoire Lits & Arnaud Ruysen)", Ecole de Journalisme de Louvain, April 30, 2024, Louvain-la-Neuve, Belgium.
42. **Heeren, A. (2024).** Transformer l'enseignement supérieur (Panel moderator). In-colloquium panel session at "Former-Informer-Transformer en Anthropocène (Teaching, Informing & Transforming in the Anthropocene)" colloquium, April 16, 2024, Musée L, Louvain-la-Neuve, Belgium.
41. **Heeren, A. (2024).** Santé mentale et changement climatique. Invited conference at the 3<sup>rd</sup> meeting of the Cercle Elysée Reclus, March 30, 2024, Maison Folie, Mons.
40. **Heeren, A. (2024).** "Quelle santé pour la planète?", invited panel member at 3<sup>rd</sup> meeting of the Cercle Elysée Reclus, March 30, 2024, Maison Folie, Mons.
39. **Heeren, A. (2024).** Climate change and Mental Health: What do we know? Where do we go? Invited talk at the Belgian Science for Climate Action Conference 2024, Belgian Climate Center, Feb 20, 2024, Brussels, Belgium.
38. **Heeren, A. (2023).** Santé mentale et changements climatiques... et de la question de l'éco-anxiété comme menace ou aubaine à la transition écologique. Invited lecture series at « SCALAB » (Laboratory for Cognitive and Affective Sciences) at Université de Lille, Mai 4 2023, Lille, France.
37. **Heeren, A. (2023).** Santé mentale et changements climatiques : De l'éco-anxiété comme menace ou opportunité pour la transition écologique. Invited lecture series at « GRICE » (Groupe de Réflexion Interdisciplinaire sur la Crise Ecologique) at UCLouvain, May 16, 2023, Louvain-la-Neuve, Belgique.
36. **Heeren, A. (2023).** Eco-Anxiété: menace ou aubaine pour l'adaptation au changement climatique. Invited keynote at the Colloquium « La recherche face au monde de demain », HE VINCI, April 20, Louvain-la-Neuve, Belgium.

35. **Heeren, A.** (2023). *On Climate Change and Mental Health: What Decision-makers, Healthcare Providers, and the Mental Health Community Need to Know to Promote Resilience and Adaptation*. Invited conference at the colloquium "Mental health & resilience in times of polycrises", Belgian Superior Health Council, March 22, 2023, Brussels, Belgium.
34. **Heeren, A.** (2022). *Les défis que les enjeux climatiques posent aux services de soins de santé mentale*. Invited keynote lecture at « Défi écologiques et soins de santé : Comment préparer les futures soignants ? », Cliniques Universitaires Saint-Luc, December 12, Woluwé-Saint-Lambert, Belgique.
33. **Heeren, A.** (2022). *Invited panelist at « De l'égo à l'éco-anxiété: Les souffrances psychiques liées au changement climatique*. Lecture series : « Défi écologiques et soins de santé : Comment préparer les futures soignants ? », Cliniques Universitaires Saint-Luc, December 12, Woluwé-Saint-Lambert, Belgique.
32. **Heeren, A.** (2022). *Santé mentale et changements climatiques : enjeux pour la psychiatrie et la psychologie clinique*. Invited keynote lecture at « Congrès Français de Psychiatrie », Lille Grand Palais, December 3, Lille, France.
31. **Heeren, A.** (2022). *Eco-santé mentale: Comment engager la responsabilité collective ? Table ronde invitée* (Invited Panelist, along with climate specialists, artists, mental health practitioners, and NGO representatives). Congrès Français de Psychiatrie, Lille Grand Palais, December 3, Lille, France.
30. **Heeren, A.** (2022). *Émotions, incertitudes et changements climatiques : Du rôle de nos émotions dans l'adaptation aux changements climatiques*. Conférence invitée au sein des journées d'étude « Éduquer aux changements climatiques et à la biodiversité », Ecotopie – laboratoire d'écopédagogie, 5-7 Sept, Malmedy, Belgium.
29. **Heeren, A.** (2022). *Changements climatiques, santé mentale et adaptation: apports de la psychopathologie de l'anxiété [Climate change, Mental Health, & Adaptation: Insights from anxiety-related psychopathology]*. Inaugural Keynote lecture at the Colloquium GREPACO (Groupe de Réflexion en Psychopathologie Cognitive), Université de Lausanne, May 30, Lausanne, Switzerland.
28. **Heeren, A.** (2022). *New research horizons on anxiety and related psychopathology: From reductionism to complexity*. Invited conference at "Laboratoire Activités Physiques et Sportives et processus psychologiques: recherche sur les vulnérabilités », Université de Nîmes, March 16. Nîmes, France
27. **Heeren, A.** (2021). *Anxiété face aux changements climatiques*. Invited talk at "One Health: Le pire n'est pas certain"; Colloquium organized by the Centre d'Action Laïque, November 26. Cité Miroir, Liège, Belgium.
26. **Heeren, A.** (2021). *Towards a complex and dynamic approach to stress and anxiety-related psychopathology*. Invited talk at the Annual meeting of the Psychological Sciences Research Institute, UCLouvain, April 19, Louvain-la-Neuve, Belgium.
25. **Heeren, A.** (2021). *Vers une approche non réductionniste, dynamique et intégrative en psychopathologie cognitive et expérimentale*. Invited conference at « Laboratoire Intra-Universitaire de Psychologie : Personnalité, Cognition, Changement Social », Université Grenoble Alpes, April 16, Grenoble, France.
24. **Heeren, A.** (2021). *Towards a network system-based approach to the (neuro)cognitive mechanisms of psychopathology*. Invited talk at « Seminars of the Research Unit in Psychology & Neuroscience of Cognition », University of Liège, March 26, Liège, Belgium.
23. **Heeren, A.** (2021). *Vers une approche non réductionniste, dynamique et intégrative de la psychopathologie des troubles anxieux et liés au stress*. Invited keynote at « Les lundis de la Psychiatrie » CHU Brugmann, Université Libre de Bruxelles, March 15, Brussels, Belgium.
22. **Heeren, A.** (2020). *Apports et enjeux de la théorie des graphes et des modèles d'analyse en réseau à la psychopathologie (neuro)cognitive*. Invited talk at the Centre de Recherche en

Neuropsychologie et Cognition (CERNEC), Université de Montréal, December 18, Montréal, Canada. [online event due to the COVID-19 crisis].

21. **Heeren, A.** (2020). *Can we use network analysis and tools from graph theory to radically transform clinical psychology?* Invited talk at the Institute of Information and Communication Technologies, Electronics and Applied Mathematics (ICTEAM), Université catholique de Louvain, November, 24, Louvain-la-Neuve, Belgium. [online event due to the COVID-19 crisis].
20. **Heeren, A.** (2020). *Mapping out the interplay: Towards a network approach to anxiety- and stress-related processes.* Keynote (STAR early career award) address at the 41<sup>st</sup> Annual Conference of the Stress and Anxiety Research Society, July 15, Haifa, Israel. [online event due to the COVID-19 crisis].
19. **Hoebek, Y. & Heeren, A.** (2020). *The impact of tDCS on rumination in clinical and nonclinical samples: A systematic review.* Invited talk at the Neurocognitive Psychopathology FNRS contact group meeting, Psychological Medicine Laboratory, Brugmann University Hospital, February 21, Brussels, Belgium.
18. **Heeren, A.** (2019). *Towards a network approach to the understanding of the neurocognitive interventions.* Invited talk at the Expert Meeting "Innovative interventions in depression combining cognitive interventions and non-invasive brain stimulation", Ghent University, September 12, Ghent, Belgium.
17. **Heeren, A.** (2019). *Organisation des soins en psychiatrie : que peut-on attendre des data sciences ?* Invited keynote at the Séminaire sur l'organisation des soins en psychiatrie : Une réflexion multi-niveaux, Cliniques Universitaires Saint-Luc, May 24, Woluwé-Saint-Lambert, Belgium.
16. **Heeren, A.** (2018). *A computational network approach to emotional disorders.* Invited talk at the Brown Bag Meeting of the Cognitive and Systems Neuroscience department, Université catholique de Louvain, February 8, Louvain-la-Neuve, Belgium.
15. **Heeren, A.** (2018). *Emotional disorders as complex dynamic systems.* Invited talk at the Seminars of the Ghent Experimental Psychiatry Lab, Department of Psychiatry, UZ Gent, January 9, Ghent, Belgium.
14. **Heeren, A.** (2014). *Clinical psychology and attentional processes.* Invited talk at the Midi de l'Otologie, Service d'oto-rhino-laryngologie, Cliniques Universitaires Saint-Luc, April 24, Brussels, Belgium.
13. **Heeren, A. & Maurage, P.** (2014). « *Chocolate will make you smart* » or how to use correlations to justify whatever you want in science. Invited talk at the Institute of Statistics, Biostatistics and Actuarial Sciences (ISBA), Université catholique de Louvain, February 21, Louvain-la-Neuve, Belgium.
12. **Heeren, A.** (2013). *The neurocognitive mechanisms behind attention bias modification in anxiety: Proposals based on theoretical accounts of attentional bias.* Invited talk at the Centre de Recherche sur la Cognition et l'Apprentissage (CerCA), Université de Poitiers, December 19, Poitiers, France.
11. **Heeren, A., Mogoase, C., Philippot, P., & McNally, R. J.** (2013). *Attention bias modification in social anxiety disorder: A quantitative meta-analysis.* Invited talk, McNally Lab, Harvard University, October 31, Cambridge, Massachusetts, USA.
10. **Heeren, A.** (2012). *Impact of transcranial direct current stimulation over the left dorsolateral prefrontal cortex during attention bias modification: an eye-tracking study.* Invited talk at the "Psychopathology and Affective Neuroscience Lab", Ghent University, October 16, Ghent, Belgium.
9. **Heeren, A.** (2012). *Effets de la malléabilité des biais d'attention sélective sur le maintien de l'anxiété: Désengagement de la menace ou réallocation vers la non-menace?* Invited talk at the Centre de Recherche sur la Cognition et l'Apprentissage (CerCA), Université de Poitiers, September 20, Poitiers, France.
8. **Heeren, A.** (2012). *Malléabilité des biais attentionnels et changement de comportement émotionnel: Perspectives nouvelles d'interventions.* Invited keynote at the Réunion Annuelle du Groupe de Contact FNRS en Tabacologie, CHU de Liège, March 10, Liège, Belgium.

7. Ceschi, G. & Heeren, A. (2012). *Always look on the bright side of life? The attention bias modification*. Invited talk at the Swiss Center for Affective Sciences, CISA - University of Geneva, January 31, Geneva, Switzerland.
6. Heeren, A. & Philippot, P. (2011). *The experimental manipulation of the different components of attention training in social phobia: A series of double-blind randomized controlled trials*. Invited talk at the Annual Neurocognitive Psychopathology FNRS-research group meeting", Psychological Medicine Laboratory, Brugmann Hospital, Université Libre de Bruxelles, May 6, Brussels, Belgium.
5. Heeren, A. (2011). *Le réentraînement attentionnel: Une nouvelle piste d'intervention psychologique dans la prise en charge des troubles émotionnels*. Invited talk at the Université of Geneva, March 30, Geneva, Switzerland.
4. Philippot, P. & Heeren, A. (2011). *The causal nature of attentional biases in social phobia*. Invited talk at the Radboud University, January 11, Nijmegen, The Netherlands.
3. Heeren, A. (2010). *Combining mindfulness training and neuropsychological rehabilitation: The case of executive processes*. Invited conference at the "Centre de Réadaptation Fonctionnelle Neurologique Ambulatoire pour adulte (CRFNA)", Hôpital Erasme, November 25, Brussels, Belgium
2. Heeren, A. & Philippot, P. (2010). *Réentraînement attentionnel dans la Phobie Sociale: Effets à un niveau comportemental, subjectif et physiologique*. Invited keynote at the "Fonctions exécutives et psychopathologies: Approches théoriques et cliniques" (Première Journée du Groupe de Réflexion en Psychopathologie Cognitive), May 25, Lille, France.
1. Joyeux, C. & Heeren, A. (2008). *Introduction to evidence-based psychological treatments for emotional disorders*. Invited conference at "Dodécagroupe de la Société Scientifique de Médecine Générale", November 07, Waterloo, Belgium

ii. **Talks at congresses and international conventions (with peer-review selection) as MAIN SPEAKER ONLY**

For brevity purposes, poster presentations as well as talks for whom I was not the main speaker are not shown.

41. Heeren, A. (2025). Rien ne se perd, rien ne se crée, tout se transforme : Réflexions écologiques et sociétales autour des pratiques de sciences ouvertes. Talk presented at the at the "20<sup>th</sup> edition of the GREPACO, May 15, Lyon, France.
40. Heeren, A., Blanchard, M.A., Mouguiama-Daouda, C., & Contreras, A. (2024). When eco-anger (but not eco-anxiety nor eco-sadness) makes you move! A temporal network approach to the emotional experience of climate change. Talk presented at *Overcoming Obstacles to Climate Change Mitigation: A cross-cutting approach by human and social sciences*, UCLouvain, May 24, Louvain-la-Neuve, Belgium.
39. Heeren, A. (2024). Climate change and Mental Health. Talk in A. Desmet (Chair). Impacts of climate change on health. Symposium conducted at the *Belgian Science for Climate Action Conference 2024*, Belgian Climate Center, Feb 20, 2024, Brussels, Belgium.
31. Heeren, A. (2023). De la nature adaptative et maladaptative de l'éco-anxiété. Talk in A. Heeren (Chair). De l'imparfait du présent à l'incertain du futur : (dys)régulation des émotions et détresse psychologique en contexte de crise écologique. Symposium conducted at the "18<sup>th</sup> edition of the GREPACO, May 23, Louvain-la-Neuve, Belgique
30. Heeren, A. (2023). On the Adaptive and Maladaptive Nature of Climate Anxiety. Talk in A. Heeren (Chair). *From Climate Anxiety to Pro-Environmental Behaviors: How Anxiety-Related Mechanisms Can Foster or Thwart Adaptation to Climate Change*. Symposium conducted at the 4<sup>th</sup> International Convention of Psychological Sciences, March 9, Brussels, Belgium.
29. Heeren, A. & Mouguiama-Daouda, C (2022). Vers une approche fonctionnaliste et évolutionniste de l'éco-anxiété et de ses conséquences. Talk presented at the *Conférence sur la recherche*

*interdisciplinaire et transdisciplinaire "Transition et Développement Durable", Université catholique de Louvain, Louvain-la-Neuve, Belgium, November 25, 2022, Louvain-la-Neuve, Belgium.*

28. **Heeren, A.** (2022). Re-utiliser dans un monde de sur-abondance: vers une ré-utilisation transparente des données en psychologie (clinique)! Talk in A. Heeren & L. Fournier (Chair). *Enjeux méthodologiques, métriques et conceptuels de la recherche en psychopathologie*. Symposium conducted at the Colloquium GREPACO (Groupe de Réflexion en Psychopathologie Cognitive), Université de Lausanne, May 31, Lausanne, Switzerland.
27. **Heeren, A.** (2021). Bridging maladaptive social self-beliefs and social anxiety: A network approach. Talk in A. Heeren (Chair). *Recent advances in the network approach to stress- and anxiety-related psychopathology*. Symposium conducted at the 42<sup>nd</sup> Annual Conference of the Stress, Trauma, Anxiety, and Resilience society, July 7, Haifa, Israel.
26. **Heeren, A.** (2020). *Mapping out the interplay: Towards a network approach to anxiety- and stress-related processes*. Keynote (STAR early career award) address at the 41<sup>st</sup> Annual Conference of the Stress and Anxiety Research Society, July 15, Haifa, Israel. [online event due to the COVID-19 crisis].
25. **Heeren, A.** (2019). A network approach to the understanding of maladaptive social self-beliefs in social anxiety. In W.-G. Lange (Chair), *Observable and unobservable aspects of social anxiety: Hormones, behavior, cognition, and peer-evaluation*. Symposium conducted at the 1<sup>st</sup> European Congress on Clinical Psychology and Psychological Treatment of EACLIPT, November 1, Dresden, Germany.
24. **Heeren, A.** (2019). Symposium's discussant. In P.J. Jones (Chair), *A Symptom-Based Approach to Depression Using Network Analysis*. Symposium conducted at the 3<sup>rd</sup> International Convention of Psychological Sciences, March 8, Paris, France.
23. **Heeren, A.** & Coussemant, C. (2019). Does change in attention control mediate the impact of anodal tDCS on attentional bias for threat? In A. Sanchez-Lopez (Chair), *Attention Dysregulation as a Central Mechanism of Anxiety and Depression: An Integrative View of Novel Approaches to Modify Attentional Biases and How to Maximize its Clinical Transfer*. Symposium conducted at the 3<sup>rd</sup> International Convention of Psychological Sciences, March 8, Paris, France.
22. **Heeren, A.**, Bernstein, E.E., & McNally, R. J. (2019). Deconstructing trait anxiety: A network perspective. In P.J. Jones (Chair), *Beyond Symptoms: Network Analysis of Traits and Disordered Personality*. Symposium conducted at the 3<sup>rd</sup> International Convention of Psychological Sciences, March 9, Paris, France.
21. **Heeren, A.**, Bernstein, E.E., & McNally, R. J. (2018). Deconstructing trait anxiety: A network perspective. In R. J. McNally (Chair), *Beyond Symptoms: Novel Applications of Network Analysis in Clinical Psychology*. Symposium conducted at the 52<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, November 18, Washington, DC, USA.
20. **Heeren, A.**, Bernstein, E.E., & McNally, R. J. (2018). Deconstructing trait anxiety: A network perspective. In R. J. McNally (Chair), *Beyond Symptoms: Novel Applications of Network Analysis in Clinical Psychology*. Symposium conducted at the 52<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, November 18, Washington, DC, USA.
19. **Heeren, A.**, Jones, P.J., & McNally, R. J. (2018). Mapping network connectivity among symptoms of social anxiety and comorbid depression in people with social anxiety disorder. In R. J. McNally (Chair), *Advances in the Network Approach to Comorbid Psychopathology*. Symposium conducted at the 30<sup>th</sup> Annual Convention of the Association for Psychological Science, May 25, San Francisco, CA, USA.
18. **Heeren, A.** & McNally, R. J. (2017). Mapping network connectivity among symptoms of social anxiety and comorbid depression in people with social anxiety disorder. In N. Amir (Chair), *The utility of network analysis for CBT: Clinical integration*. Symposium conducted at the 51<sup>st</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, 2017, November 19, San Diego, CA, USA.
17. **Heeren, A.** & McNally, R.J. (2017). Social anxiety disorder as a densely interconnected symptom network. In R.J. McNally (Chair), *New development in network analysis of mental disorders*.

Symposium conducted at the 29<sup>th</sup> Annual Convention of the Association for Psychological Science, May 26, Boston, MA, USA.

16. **Heeren, A.** & McNally, R.J. (2016). An Integrative Network Approach to Social Anxiety Disorder: The complex Dynamic Interplay among Attentional Bias for Threat, Attentional Control, and Symptoms. In R.J. McNally (Chair), *Envisioning the clinical integration of network analysis and CBT: New Developments*. Symposium conducted at the 50<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, 2016, October 29, New York City, NY, USA
15. **Heeren, A.**, Billieux, J., Philippot, P., de Raedt, R., Baeken, C., de Timary, P., Maurage, P., & Vanderhasselt, M.-A. (2016). Impact of transcranial direct current stimulation on attentional bias for threat: A proof-of-concept study among individuals with social anxiety disorder. In N. Amir and A.R. Carmona (Chair), *Neuromarkers and neuromodulation of attention bias modification*. Symposium conducted at the 50<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, 2016, October 30, New York City, NY, USA
14. **Heeren, A.**, Coussement, C., & McNally, R.J. (2016). Untangling attention bias modification from emotion: A double-blind randomized experiment among individuals with social anxiety disorder. In C.E. Wittekind and A. Heeren (Chair), *Are we barking up the right tree? Mapping out the future of cognitive bias modification*. Symposium conducted at the 50<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, 2016, October 30, New York City, NY, USA
13. **Heeren, A.**, Philippot, P., & Koster, E. H. W. (2015). Impact of the Temporal Stability of Preexistent Attentional Bias for Threat on its Alteration through Attention Bias Modification. In. A. Bernstein & A. Zvielli (Chair), *Biases of emotional attention: Emerging perspectives and their translational implications for intervention development*. Symposium conducted at the 49<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, November 14, Chicago, IL, USA.
12. **Heeren, A.** (2015). *Attention training in Social Anxiety: Past, present, and future*. Plenary session at the Annual Meeting of "Groupe de Réflexion en Psychopathologie Cognitive", Université de Poitiers, May 20<sup>th</sup>, Poitiers, France.
11. **Heeren, A.**, Mogoșe, C., Philippot, P., & McNally, R.J., (2015). *You should take the big picture into account! A systematic review and meta-analysis of the effects of attention bias modification for social anxiety*. Plenary session at the 2<sup>nd</sup> Rome Workshop on Experimental Psychopathology, March 20<sup>th</sup>, Rome, Italy.
10. **Heeren, A.**, Baeken, C., Vanderhasselt, M.-A., Philippot, P., & de Raedt, R. (2014). Impact of anodal and cathodal transcranial direct current stimulation over the left dorsolateral prefrontal cortex during attention bias modification: an eye-tracking study. In. J. Kuckertz & N. Amir (Chair) and Y. Bar-Haim (Discussant), *Maximizing the effects of attention bias modification (ABM) for anxiety: How and for whom ABM works*. Symposium conducted at the 48<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, November 21, Philadelphia, PA, USA.
9. **Heeren, A.**, De Raedt, R., Koster, E.H.W., & Philippot P. (2013). *The (neuro)cognitive mechanisms behind attention bias modification in anxiety: Proposals based on theoretical accounts of attentional bias*. Plenary session at the Annual Meeting of "Groupe de Réflexion en Psychopathologie Cognitive", Université de Nanterre Paris Ouest la Défense, June, Paris, France.
8. **Heeren, A.**, Lievens, L., & Philippot, P. (2011). How does attention training work: Disengagement from threat or reengagement to non-threat? In M. van den Hout (Chair), *Basic processes: New development in anxiety processes*. Symposium conducted at the 39<sup>th</sup> Annual Conference and Workshop of the British Association for Behavioral and Cognitive Therapies, University of Surrey, July 21, Guildford, UK.
7. **Heeren, A.**, Lievens, L., & Philippot, P. (2011). How does attention training work in social phobia: Disengagement from threat or reengagement to non-threat? In M. Rossignol (Chair), *Cognitive processing of affective information in anxiety*. Symposium conducted at the Annual meeting of the Belgian Association for Psychological Science, Ghent University, May 27, Ghent, Belgium.
6. **Heeren, A.**, Peschard, V., & Philippot, P. (2010). The causal nature of attentional biases for threatening stimuli in the perception of social rejection. In Basic L. Bisenghi (Chair), *Cognitive and attention*

*deficits in psychopathology*. Symposium conducted at the 40th annual meeting of the European Association for Behavioral and Cognitive Therapies, October 10, Milan, Italy.

5. **Heeren, A.**, Lievens, L., & Philippot, P. (2010). Mechanisms of action underlying attention training in Social Phobia: A randomized controlled trial. In Koster, E. & van Bockstaele, B. (Chairs), *Cognitive Bias Modification in Anxiety Disorders: Advances in Attentional Retraining*. Symposium conducted at the World Congress of Behavioral and Cognitive Therapies, June 03, Boston, Massachusetts, USA.
4. **Heeren, A.** & Philippot, P. (2010). The causal nature of attentional biases for threatening stimuli in the perception of social rejection. In A. Heeren (Chair), *Information-processing biases in emotional disorders: Perceptual and attentional processes*. Symposium conducted at the annual meeting of the Belgian Association for Psychological Science, Université Libre de Bruxelles, May 28, Brussels, Belgium.
3. **Heeren, A.** & Philippot, P. (2009). *Attention training in social phobia: Inducing either a positive bias, or a negative bias, or flexibility*. In N. Jokic-Begic (Chair), *Social Phobia*. Symposium conducted at the 39th Annual Meeting of the European Association for Behavioral and Cognitive Therapies, September 17, Dubrovnik, Croatia.
2. **Heeren, A.**, & Philippot, P. (2009). *Dissociating biased attentional engagement and disengagement from threat stimuli in Social Phobia*. Talk conducted at the 16th Conference of the International Society for Research on Emotion, August 08, Leuven, Belgium.
1. **Heeren, A.** & Philippot, P. (2009). *Attention training in social phobia: Inducing either a positive bias, or a negative bias, or flexibility*. Talk conducted at the Annual Meeting of the Belgian Association for Psychological Science, Vrije Universiteit van Brussels, June 03, Brussels, Belgium.

### iii. **Symposium chair to congresses and conventions (with peer-review selection)**

12. **Heeren, A.** (2025). *Eco-anxiété, santé mentale et changement climatique*. Symposium conducted at the 20th Edition of the Colloquium GREPACO (Groupe de Réflexion en Psychopathologie Cognitive), Université Lumière Lyon 2, Lyon, France.
11. **Heeren, A.** (2024). *L'éco-anxiété à la lumière de la psychopathologie et vice versa : Entre opportunités et écueils*. Symposium conducted at the 19th Edition of the Colloquium GREPACO (Groupe de Réflexion en Psychopathologie Cognitive), Université Toulouse II Jean Jaurès, May 30, Toulouse, France.
10. **Heeren, A.** (2023). *Science sans conscience n'est que ruine de l'âme ! Des défis conceptuels, métriques et statistiques de la recherche contemporaine en psychopathologie*, Symposium conducted at the 18th Edition of the Colloquium GREPACO (Groupe de Réflexion en Psychopathologie Cognitive), UCLouvain, May 22, Louvain-la-Neuve, Belgium.
9. **Heeren, A.** (2023). *De l'imparfait du présent à l'incertain du futur : (dys)régulation des émotions et détresse psychologique en contexte de crise écologique*. Symposium conducted at the Colloquium GREPACO (Groupe de Réflexion en Psychopathologie Cognitive), UCLouvain, May 23, Louvain-la-Neuve, Belgium.
8. **Heeren, A.** (2023). *From Climate Anxiety to Pro-Environmental Behaviors: How Anxiety-Related Mechanisms Can Foster or Thwart Adaptation to Climate Change*. Symposium conducted at the 4<sup>th</sup> International Convention of Psychological Sciences, March 9, Brussels, Belgium.
7. **Heeren, A.** & Fournier, L. (2022). *Enjeux méthodologiques, métriques et conceptuels de la recherche en psychopathologie*. Symposium conducted at the Colloquium GREPACO (Groupe de Réflexion en Psychopathologie Cognitive), Université de Lausanne, May 31, Lausanne, Switzerland.
6. **Heeren, A.** (2021). *Targeting Rumination via Attention Control: Towards New Translational Perspectives for Stress- and Anxiety-Related Psychopathology*. Symposium conducted at the 42<sup>nd</sup> Annual Conference of the Stress, Trauma, Anxiety, and Resilience society, July 7, Haifa, Israel (online).

5. **Heeren, A.** (2021). *Recent advances in the network approach to stress- and anxiety-related psychopathology*. Symposium conducted at the 42<sup>nd</sup> Annual Conference of the Stress, Trauma, Anxiety, and Resilience society, July 7, Haifa, Israel (online).
4. Vanderhasselt, M.-A. & **Heeren, A.** (2021). *Application of non-invasive neuromodulation tools in clinical psychology: From basic affective neurosciences to clinical translations*, Symposium conducted at the annual meeting of the Belgian Association for Psychological Science, Université catholique de Louvain, May 28, Louvain-la-Neuve, Belgium.
3. Wittekind, C. & **Heeren, A.** (2016). *Are we barking up the right tree? Mapping out the future of cognitive bias modification*. Symposium conducted at the 50<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, 2016, October 30, New York City, NY, USA
2. Koster, E.H.W. & **Heeren, A.** (2013). *Biased information processing and emotional disorders: From new assessment's directions to future avenues in cognitive bias modification*. Symposium conducted at the Annual Meeting of the Belgian Association for Psychological Science, Université catholique de Louvain, May 28, Louvain-la-Neuve, Belgium.
1. **Heeren, A.** (2010). *Information-processing biases in emotional disorders: Perceptual and attentional processes*. Symposium conducted at the Annual Meeting of the Belgian Association for Psychological Science, Université Libre de Bruxelles, May 28, Brussels, Belgium.

#### **IV. Workshops for professionals**

8. **Heeren, A.** (2023). Graph theory and network analyses for psychologists and neuroscientists. Invited workshop for researchers at the Université of Luxembourg, April 26-28 (15h-duration). Belval, Luxembourg.
7. **Heeren, A.** (2022). Graph theory and network analyses for psychologists and neuroscientists. Invited workshop for researchers at the Université of Luxembourg, April 27-29 (15h-duration). Belval, Luxembourg.
6. **Heeren, A.** (2022). Network analysis in *psychological data*. Invited workshop for clinical scientists at "Laboratoire Activités Physiques et Sportives et processus psychologiques: recherche sur les vulnérabilités », Université de Nîmes, March 16 and 17 (8h). Nîmes, France
5. **Heeren, A.** (2020). *Comment prendre en compte l'anxiété dans mes pratiques éducatives ?* One half-day online workshop for teachers in environmental issues at the « Formations de l'Institut d'Eco-Pédagogie (en collaboration avec le Réseau Idée et le Point Culture), June 22, Liège, Belgium.
4. **Heeren, A.** (2018). *Littérature scientifique pour intervenants des programmes de réduction du stress basés sur la pleine conscience*. 8h-workshop at the "formation continue pour instructeur MBSR", Dec 15, Dongelberg, Belgium
3. Philippot, P. & **Heeren, A.** (2013). *Computerized treatment for emotional disorders*. 3-hour in-congress workshop at the "Forum Clinique du Centre de Recherche en Santé et Développement Psychologique", May 17, Louvain-la-Neuve, Belgium
2. Philippot, P. & **Heeren, A.** (2012). *Using Web-based resources for retraining attentional and evaluative biases in emotional disorders*. 4-hour in-congress workshop at the Annual Congress of the European Association for Behavioural and Cognitive Therapy, August 31, Geneva, Switzerland.
1. **Heeren, A.** (2011). *Attention bias modification for anxiety disorders: Past, present, and future*. 2-hour in-congress workshop at the "Journée Scientifique du Groupe de Réflexion en Psychopathologie Cognitive", December 19, Iltre, Belgium.

#### **V. Outreach conferences (for a general, non-exert large audience)**

16. Heeren, A. (2026, March 4). « *Émotions, santé mentale et crise écologique* ». Conférence grand public, Festival Cap Transition 2026, Louvain-la-Neuve Belgique.
15. Heeren A. (2025, Nov 5). Table ronde "Crise écologique et santé mentale : entre détresse et résistance poétique" autour de l'ouvrage de J Mazzochetti, (avec V Bragard & M Guyot), Socrate 11, UCLouvain, Louvain-la-Neuve, Belgique
14. Heeren, A. (2025, Nov 4). *Eco-anxiété. Conférence de vulgarisation organisée par « Bioingés en Questions » (étudiant.es. de la Faculté des bioingénieurs de l'UCLouvain)*, Louvain-la-Neuve, Belgique
13. Heeren, A. (2025, Oct 6). *Santé mentale et changement climatique. Conférence organisée par l'Association de la Noblesse du Royaume de Belgique, Bruxelles, Belgique.*
12. Heeren, A. (2025, May 21). *Eco-anxiété : De la sidération à l'Action. Conférence de vulgarisation organisée par la Commune de Woluwé-Saint-Lambert (Plan Climat), Woluwé-Saint-Lambert, Belgique.*
11. Heeren, A. (2024, Dec 2). *Présentation du livre Eco-anxiété, Changement Climatique et santé mentale, Bibliothèque des Sciences Psychologiques, de l'Éducation et de la Motricité de l'UCLouvain*, Louvain-la-Neuve, Belgium.
10. Heeren, A. (2024, Oct 5). *De l'éco-anxiété à l'action : Nos émotions au cœur de la transition.* Invited keynote at the « Journées Emergences » (audience: More than 2500 people), *Palais des Beaux-Arts*, Brussels, Belgium.
9. Heeren, A. (2022, December 3). *Eco-stress, éco-anxiété, éco-colère :Quels horizons pour la santé mentale des citoyens.* Journée Grand Public de l'Association Française de Psychiatrie, Théâtre Louis Paster, Zenith de Lille, Lille, France.
8. Heeren, A. (2018, April 26). *Are psychologists getting off the couch?* Talk at TEDxUclouvain, Louvain-la-Neuve, Belgium. [<https://youtu.be/R9OtUn4hYpE>]
7. Heeren, A. (2010, December 21). *Le réentrainement attentionnel: Une nouvelle méthode psychothérapeutique pour réduire l'anxiété sans médicament ni thérapeute.* Invited public lecture presented at the Cycle des Conférences de l'Institut de Recherche en Sciences Psychologiques, Université catholique de Louvain, Louvain-la-Neuve, Belgium.
6. Géonet, M. & Heeren, A. (2010, March 02). *Phobies intéroceptives et hypocondrie: Comment vivre avec la peur de mourir?* Public lecture presented at the Cycle de Conférences des Consultations Psychologiques Spécialisées, Université catholique de Louvain, Louvain-la-Neuve, Belgium
5. Heeren, A. (2009, November 3). *Comment faire face à l'anxiété sociale et la timidité excessive ?* Public lecture presented at the Cycle des Conférences des Consultations Psychologiques Spécialisées, Université catholique de Louvain, Louvain-la-Neuve, Belgium.
4. Vrielynck, N. & Heeren, A. (2009, May 26). *Apprivoiser ses peurs.* Public lecture presented at the Cycle des Conférences des Consultations Psychologiques Spécialisées, Université catholique de Louvain, Louvain-la-Neuve, Belgium.
3. Heeren, A. & Géonet, M. (2009, January 20). *Quand la psychologie s'intéresse au bonheur.* Public lecture presented at the Cycle des Conférences des Consultations Psychologiques Spécialisées, Université catholique de Louvain, Louvain-la-Neuve, Belgium.
2. Nef, F. & Heeren, A. (2008, May 06). *Comment gérer ses émotions par la méditation par la pleine conscience?* Public lecture presented at the Cycle des Conférences des Consultations Psychologiques Spécialisées, Université catholique de Louvain, Louvain-la-Neuve, Belgium.
1. Heeren, A. & Philippart, C. (2008, March 18). *Le trouble obsessionnel compulsifs chez l'enfant et l'adolescent: Thérapie comportementale.* Public Lecture presented at the Cycle des Conférences des Consultations Psychologiques Spécialisées, Université catholique de Louvain, Louvain-la-Neuve, Belgium.